

Illustration 1

Young woman is walking home late at night. She is drunk.

What is happening in this situation? What are the potential consequences of the situation?

The boys in the car are drinking alcohol. They could be drunk and about to rob, rape or abuse the girl. They could also be smoking a drug.

How might the person/people be feeling?

The boys may be excited at the thought of what they are about to do. If they are drunk then they may be out of control or not aware of their actions. The girl may be totally unaware of the boys or she may be very afraid.

How might this situation have occurred?

The girl had been at the same party as the boys and when they saw her leaving alone, they followed her. It may be just by chance that the boys have seen her. They might be her friends wanting to give her a lift home.

What options does the person/people have?

If the girl has a phone then she could call for help. She could run to the nearest house door and ask for help. She could scream or call out for help. The boys could drive away and leave the girl alone. They could stop the car and park up - if they are under the influence of alcohol they are putting themselves and others in danger.

Where can they go for help and support?

School nurse.

Base 25, SOCS,

www.base25.org.uk

0800 073 0233

Email info@base25.info

See suggested websites for the 'Risky Behaviour' and 'Relationships' theme

What advice would you give them?

Drink responsibly. Stay with a trusted friend and leave the party with them. Don't drink and drive. Be aware of the possible consequences.

If the situation happened again, how could it be avoided in the future?

Don't drink to excess. Take a taxi home or arrange to be picked up. Stay with friends and don't walk home alone.

Illustration 2

Young couple are kissing. A young woman at the party is angry.

What is happening in this situation? What are the potential consequences of the situation?

Couple on the settee are kissing and hugging and could be moving towards having sex.

The girl running towards them could be the girlfriend of either of them and she does not like what she is seeing. A friend is trying to stop the angry girl from going over to them.

The girl is angry as she feels the couple's behaviour is not appropriate.

How might the person/people be feeling?

The girl who is moving towards the couple is very angry and wants to stop what is happening, she may use violence to achieve this.

The couple are unaware of what is going on as they are too involved with each other. The other friend may be worried about what is going to happen.

How might this situation have occurred?

The couple may be drunk and have been unable to resist the attraction that they have towards each other.

This has made one of them forget that they should not be doing this as one of them already has a girlfriend at the party.

What options does the person/people have?

The angry girl may want to address the situation but she needs to calm down first and gain control of this issue, this may help avoid the use of violence. The couple could apologise when they realise what they are doing. Any of the people could remove themselves from the situation to avoid conflict.

Where can they go for help and support?

If there is an alcohol or drugs problem they could visit www.talktofrank.com.

The school nurse can give advice on relationship and other issues.

See suggested websites for the 'Risky Behaviour' and 'Relationships' theme

What advice would you give them?

The couple need to accept that they are in the wrong and apologise to the girl. The angry girl needs to think about her relationship and decide if she wants to continue it with someone that she cannot trust. To have a discussion when they are sober rather than drunk.

If the situation happened again, how could it be avoided in the future?

This should not happen again if a couple are in a good, respectful and trusting relationship.

Alcohol may have been a big factor in what happened, so avoiding excessive intake would be a good idea.

Illustration 3

Happy young couple want to have sex but the young man is unable to sustain an erection because he has drunk too much alcohol.

What is happening in this situation? What are the potential consequences of the situation?

The boy is drinking and both of them are keen and willing to have sex with each other. It is unclear if they are prepared for sex, so may not have thought about contraception.

How might the person/people be feeling?

Both are feeling good and ok about the situation – however the boy could be feeling nervous about having sex and this is why he is drinking alcohol.

How might this situation have occurred?

It could be the boy's first time having sex or it is possible that the last time he tried to have sex it failed. He may believe that the alcohol will help him. He might not actually be ready to have sex.

What options does the person/people have?

The girl could try to arouse the boy but this may not work as alcohol can affect sexual performance.

They could agree to delay the sex to save embarrassment and disappointment, and perhaps do other things instead.

They might want to try again another time without alcohol, or when they are better prepared.

Where can they go for help and support?

The boy could use the Frank website www.talktofrank.com for advice if drinking is an issue.

He could talk about these issues to the school nurse or someone he trusts.

See suggested websites for the 'Risky Behaviour' and 'Relationships' theme

What advice would you give them?

For the boy to seek help and support. For the girl to be patient with the boy and help with his problems. For the girl to decide if she wants to continue the relationship with the boy or vice versa. To try again when they are ready or better prepared.

If the situation happened again, how could it be avoided in the future?

To avoid drinking alcohol before sex. To make sure they are ready for sex.

Illustration 4

Young woman is unable to resist sexual pressure because she is under the influence of drugs and/or alcohol.

What is happening in this situation? What are the potential consequences of the situation?

The two boys are encouraging the other boy to try for sex with the girl even though it is clear that she does not want it to happen.

She is finding it hard to resist sexual pressure because she is under the influence of drugs and/or alcohol. There might be legal consequences for the boys if they commit a crime.

How might the person/people be feeling?

The girl is drunk and afraid. The two boys are drunk and out of control. The other boy wants to impress his friends and has no respect or care for the girl. He might also feel under pressure from his friends.

How might this situation have occurred?

This is probably due to the intake of too much alcohol. The girl may have 'lost' her friends. She may be vulnerable and the boys might be taking advantage of this.

What options does the person/people have?

The girl could call out for help. The boys could see that she does not want this to happen and they could stop. The girl could leave the situation or tell the boy to stop.

Young woman is unable to resist sexual pressure because she is under the influence of drugs and/or alcohol.

Where can they go for help and support?

Depending on what happens, the boys/girl may need to support for their drinking or drug use. It may also be that the Police need to be involved.

See suggested websites for the 'Risky Behaviour', 'Sex' and 'Relationships' theme

What advice would you give them?

For the boys not to drink too much. For the girl not to drink too much and to stay nearer to her friends. The boys need to look at their actions and be aware of the consequences.

If the situation happened again, how could it be avoided in the future?

In this situation it is the girl who needs to look after herself. She needs to take control of the situation – say 'no' very strongly and not to be embarrassed to call out for help. She needs to stay sober and in control. The boys should also be responsible for their own behaviour and be very clear on the possible serious consequences of their actions.

Illustration 5

Young man is unable to resist sexual pressure because he is under the influence of drugs and/or alcohol.

What is happening in this situation? What are the potential consequences of the situation?

A young girl is trying to pressurise the young man into having sex with her. He is under the influence of drugs and/or alcohol. The girl may be guilty of committing a sexual offence.

How might the person/people be feeling?

The girl only wants to do what she wants to do with the boy and has no consideration for the state that he is in. The boy is showing that he does not want anything to happen (look at his hand). He may be feeling confused and vulnerable.

How might this situation have occurred?

He may have been taking drugs or drinking alcohol before she arrived. The girl may have followed the boy into the bedroom.

What options does the person/people have?

The boy has to be firm and say no and mean no. The girl needs to understand and respect how the boy is feeling and stop.

The girl could realise that the boy does not want to have sex with her and stop.

Where can they go for help and support?

The boy could use the Frank website for advice if drinking is the problem. The boy might want to talk to someone he trusts.

See suggested websites for the 'Risky Behaviour', 'Sex' and 'Relationships' theme

What advice would you give them?

The boy should realise that he is making himself vulnerable to this kind of situation when he is under the influence of alcohol. The girl should understand that this behaviour is not acceptable and pressuring someone into sex is wrong.

If the situation happened again, how could it be avoided in the future?

The boy could not drink so much and therefore be more in control of the situation. The girl could understand that her advances are not appreciated.

Illustration 6

Young couple kissing. The young woman is sick because she has drunk too much alcohol.

What is happening in this situation? What are the potential consequences of the situation?

The young couple are kissing. The young woman is sick because she has drunk too much alcohol. The boy is not happy. This could be quite embarrassing!

How might the person/people be feeling?

The girl – sick, unwell and very embarrassed. The boy – unhappy, annoyed and frustrated.

How might this situation have occurred?

The girl has been drinking too much. She may have been nervous about kissing the boy and drunk alcohol to relax. They both might be drunk.

What options does the person/people have?

The girl can stop kissing the boy as she feels so unwell.

The boy can help her and tell her that it is not a problem.

Where can they go for help and support?

They can get advice from the school nurse. They can visit the Frank website for help with alcohol and drugs issues.

See suggested websites for the 'Risky Behaviour' and 'Relationships' theme

What advice would you give them?

To think about their use of alcohol. If they do need alcohol first before having sex then maybe this is not the right relationship for them to be in. They need to think about that and decide what to do.

If the situation happened again, how could it be avoided in the future?

They need to take control of their alcohol intake and be mindful of the consequences and effects.

Illustration 7

A young woman is doing a pregnancy test.

What is happening in this situation? What are the potential consequences of the situation?

A young woman is doing a pregnancy test and having thoughts of a baby which suggests that the test is positive. There could be major consequences for her personally, either way.

How might the person/people be feeling?

She may be feeling very happy as she was planning to have a baby. She may be feeling very unhappy and scared if this is an unplanned pregnancy.

How might this situation have occurred?

This situation will have occurred due to the girl having sexual intercourse without the use of contraception (or the contraception used failed).

What options does the person/people have?

She can keep the baby; she can have a termination, or continue with the pregnancy and have the baby adopted. She should visit a health care professional who will confirm whether she is pregnant or not.

Where can they go for help and support?

She can get advice from the school nurse. She can visit Embrace, for advice. She should ask for support from the father of the baby, his or her family and from her own family and friends.

See suggested websites for the 'Risky Behaviour', 'Sex', 'My Body' and 'Relationships' theme

What advice would you give them?

To get professional advice from someone as soon as possible. If the baby is unplanned and not wanted she should use emergency contraception within 5 days. To also tell the father and the families as soon as possible. She could also consider using a LARC method of contraception in the future to avoid an unplanned pregnancy.

If the situation happened again, how could it be avoided in the future?

If the test is Positive:

If she does not want to keep the baby, she could have a termination.

If it is Negative:

She should visit a health care professional and discuss a form of contraception that would suit her, (she also needs to do this if she decides on a termination).

Illustration 8

After sex a straight couple realise they were too drunk to use condoms.

What is happening in this situation? What are the potential consequences of the situation?

After sex a young straight couple realise they were too drunk to use condoms. She is immediately worried about the possibility of sexually transmitted infections or pregnancy. He is aware of how serious this situation could be and its consequences.

How might the person/people be feeling?

They are both worried and scared.

How might this situation have occurred?

They had been drinking too much and because alcohol can reduce inhibitions and responsible behaviour, they forgot to use a condom.

What options does the person/people have?

If she is not using her own form of contraception (the thoughts of a baby suggest this) she needs to take emergency contraception within 5 days if she does not want the baby. There are many places to get this from in Wolverhampton They both need to go to Embrace and be checked for sexually transmitted infections.

Where can they go for help and support?

They could go to Embrace Services in Wolverhampton for advice. They both could talk about these issues to the school nurse.

See suggested websites for the 'Risky Behaviour', 'Sex' and 'Relationships' theme

What advice would you give them?

To think about their use of alcohol. If they do need alcohol first before having sex then maybe this is not the right relationship for them to be in. To think about contraception and condoms.

If the situation happened again, how could it be avoided in the future?

They need to take control of their alcohol intake and she needs to use her own form of contraception. They should always use condoms for protection against sexually transmitted infections.

Illustration 9

After sex a young gay couple realise they were too drunk to use condoms.

What is happening in this situation and what are the potential consequences of the situation?

After sex a young gay couple realise they were too drunk to use condoms. They are immediately worried about the possibility of sexually transmitted infections.

How might the person/people be feeling?

They are both worried and scared.

How might this situation have occurred?

They had been drinking too much and because alcohol can reduce inhibitions and responsible behaviour they forgot to use a condom.

What options does the person/people have?

The boys need to go to Embrace Sexual Health Service and be checked for sexually transmitted infections.

Where can they go for help and support?

They both could talk about these issues to the school nurse. The Terence Higgins Trust is also based in Wolverhampton and they will give advice.

See suggested websites for the 'Risky Behaviour', 'Sex' and 'Relationships' themes

What advice would you give them?

To think about their use of alcohol. If they do need alcohol first before having sex then maybe this is not the right relationship for them to be in.

If the situation happened again, how could it be avoided in the future? They need to take control of their alcohol intake and always use condoms for protection against sexually transmitted infections.