

**Unit Aims:** To discuss STIs and the myths around how they are contracted and treated.

**Lesson duration:** 1 hour

**Organisation:** Mixed Sex

**Resources required:**

- ✓ *STIs Power Point Presentation*
- ✓ *Traffic Light Cards*
- ✓ *Risky Behaviour Cards*
- ✓ *STI Quiz*

### Intended Learning Outcomes:

- Dispel myths associated with STIs
- Learn how STIs are transmitted
- Look at risky behaviour which could lead to an STI

Introduction:	Time	Grouping
<p><b>1. Establish/Recap Ground Rules</b> In a circle, go through the ground rules that you have set for these lessons. Ensure you explain - don't ask personal questions, confidentiality and the right to pass.</p>	5mins	Whole Group
<p><b>2. STIs Presentation</b> Ask the group to name/recap any STIs they have heard of or can remember from the last session. Use the <i>STI PowerPoint</i> to recap and discuss the information around STIs.</p>	15 mins	Whole Group
<p><b>3. Risky Behaviour Activity</b> Put 3 <i>Traffic Light Cards</i> on wall/floor coloured red, amber and green. Tell the group that they are at a party and give each learner a <i>Risky Behaviour Card</i>. (Please check the cards and decide if they are suitable for your group and in line with your school's SRE policy. You can remove some). Learners decide whether the situation is risky for HIV transmission - to decide whether people can or can't contract HIV through the activity. Ask learners to place the card on the relevant traffic light colour (red risk, amber some risk, green no risk). Some of the behaviours might be risky for other things like pregnancy and germs however, the main focus for this activity is STI's.</p>	30 mins	Small Groups

<p>Discuss the results as a whole class. Change the cards which have been put in the wrong places, asking the learners to move the cards initially if they think the cards are incorrect. Build upon the knowledge acquired in the first activity.</p>		
<p><b>4. STI Myths Quiz</b>          Either give the <i>STI Myths Quiz</i> to small groups to discuss answers or alternatively read each question to the class and ask for feedback from everyone. Ensure that pupils are aware they can answer 'not sure' and that it is not seen as a test.</p>	<p><b>10 mins</b></p>	<p><b>Small Groups</b></p>
<p><b>5. Signpost to Sexual Health Services</b>          Ensure pupils are aware that testing for STI's is provided free of charge and young people must ensure once they are sexually active they are tested at least once a year or each time they have a new sexual partner.</p>	<p><b>5 mins</b></p>	<p><b>Whole Group</b></p>